it got down to three degrees Fahr-

I went to Goblin Valley thinking

from the start of summer into

there was no reason I shouldn't be

bed, with a sleeping bag stacked on

that would be simply miserable in

cord-setting water balloon fights,

activities, like river rafting and re-

during spring term.

rearview mirror are missing out

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"You have to figure out where

while he or she is sleeping and

sleep, he will order a sleep study.

pects an issue with the patient's

about their symptoms. If he sus-

symptoms could come from a

ache."

"Life is too short to spend it

work."

"I sleep maybe six hours a

of medication, but nothing will

week," he said. "My body func-

able to help him sleep.

released from his mission. Five

San Clemente Calif., served as a

Colo., where he received his diag-

"Our group just went out and did

Stevens agrees and said this

Stevens and her outdoorsy atti-

"Nothing better than rolling out of

walking shoes," Stevens said. "There's

"Reading. Isaiah is not as boring

61 percent of students who partici-

into people."

Michael believes her active

Michael, a junior major-

"Although it was intense, a lot of

Milanne Carpenter, a nursing

Ansted decided to try her

Ansted's wands can be found

Stacy Julin, Ansted's co-

on campus from Biofeedback

Millenium Center.

order, many Americans have

about spring term in one

Steven Leyland, a pre-business

many credits, better parking and

sentence.

things about spring term in one

major, summed up his favorite

it isn't cold," Leyland said. "I like

wording in international studies at

Foot and Ankle Center.

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"It's easier because the course takes

"But because they often occur when

"Slow down enough to sleep."